



14th Street Y
 344 East 14th Street, New York, NY 10003
 (212) 780-0800 www.14StreetY.org

New Parent & Early Childhood Drop - In Classes

WINTER-SPRING 2019 January 2 - June 4, 2019

CHECK CATALOG FOR HOLIDAY CLOSINGS and 14StreetY.org FOR THE MOST UPDATED INFORMATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Messy Play 11:00AM-12:00PM Ages 18-36 months No Class 1/21, 2/18, 4/22, 5/27	Postpartum Pilates with Baby 11:00AM-12:00PM Ages 2-12 months *Free for Members		Walkers, Runners, and Jumpers 11:15AM - 12:00PM Ages 12-24 months No Class 2/21, 4/25	Messy Play 11:00AM-12:00PM Ages 18-36 months No Class 2/22, 4/19, 4/26	Members: Come to Family Swim Saturdays 2PM - 4PM and 5PM - 7PM! For Membership info: join@14StreetY.org
			Breastfeeding Support Group 2 X Month 12:45-2:15PM (check website for dates)		
		Baby & Me Barre Fitness 1:00-1:45PM Ages 6 wks - pre-crawling *Free for Members	New Baby, New Body! 1:00-2:00PM Ages 6 wks - pre-crawling *Free for Members	Baby and Me Yoga 12:45-1:45PM Ages 6 wks - pre-crawling *Free For Members	
			BananaJam Music & Movement 1:15-2:00PM Ages 2 months - 3 years No Class 2/21, 4/25		Indoor Playground Jan. 6 - March 31 9:30-11:00AM Ages 6 months -3 years No Class 1/20, 2/17
Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 1/21, 2/18, 4/22, 5/27	Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 1/22, 2/5, 2/19, 4/23	Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 2/20, 4/24	Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 2/21, 4/25		Indoor Playground Jan. 6 - March 31 11:00AM-12:30PM 6 months - 3 years No Class 1/20, 2/17
Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 1/21, 2/18, 4/22, 5/27	Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 1/22, 2/5, 2/19, 4/23	Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 2/20, 4/24	Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 2/21, 4/25		Sing Along 3:15-4:00PM Ages 2 months-3 years No Class 1/20, 2/17, 4/21, 5/26
	Interested in Personal Training for New Moms? call Damon Williams at (646) 395-4358				Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 1/20, 2/17, 4/21, 5/26

Drop- Ins are on-going unless otherwise noted.

Classes in **pink** are \$25, 5-class punch card M \$85, NM \$100

Fitness Classes in **orange** are FREE FOR MEMBERS, NM \$25, 5-class punch card NM \$100

Music Classes in **green** are \$28, 5-class punch card M\$105, NM \$120

Classes in **purple** is \$37, 5 class punch card M \$160, NM \$175

Developmental Movement Classes in **peach** are \$32, 5 class puch card M \$125, NM \$140

For further information, please contact the Service Desk at 646-395-4310