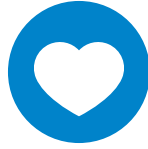


AFTER SCHOOL PROGRAM

SPRING SEMESTER Q3 2019 ENRICHMENT CLASSES



HEAD



HEART



HANDS

The philosophy of the 14th Street Y After School is programming that centers on engaging heads, hearts, and hands. Classes are taught by our counselors and professional teaching artists. Your after schooler will take a class of their choosing that centers on movement, the arts, or exercising their brain.

Please Note:

- No more than 14 students per class (some Classes are smaller) and they may not take the same class twice (unless it is a continuing class)
- Youth Sports and Aquatics require an extra fee
- STUDY HALL IS OFFERED EVERY DAY—Please specify if you want your child to do homework instead of enrichment.
- If your child does not like the class, they may change after the first week (space permitting).
- On Fridays we celebrate Shabbat and have an hour long swim period (no enrichment offered)



Register early as classes fill up!
14StreetY.org/AfterSchool

AFTER SCHOOL PROGRAM

SPRING SEMESTER Q3 2019 ENRICHMENT CLASSES

MONDAY (1 Quarter unless otherwise noted)	TUESDAY (1 Quarter unless otherwise noted)	WEDNESDAY (1 Quarter unless otherwise noted)	THURSDAY (1 Quarter unless otherwise noted)
Martial Arts (K-1st) 4:15-5:15pm	Spanish (K-2nd) 4:15-5:15pm	Girls' Gaga (All Ages) 4:15-5:15pm	Ball Games (K-1st) 4:15-5:15pm
Fun Factory (K-1st) 4:15-5:15pm	Art with Eve (K-1st) 4:15-5:15pm	Hip Hop Dance (K-1st) 4:15-5:15pm	Yoga (K-1st) 4:15-5:15pm
Lab Rats (K-1st) 4:15-5:15pm	Gaga (K-1st) 4:15-5:15pm	Hebrew Heads (All Ages) 4:15-5:15pm	Art with Eve (K-1st) 4:15-5:15pm
Party Gamez (K-1st) 4:15-5:15pm	DIY at the 14Y (K-1st) 4:15-5:15pm	Wood Crafts (K-1st) 4:15-5:15pm	Drones (K-1st) 4:15-5:15pm
Harry Potter World (All Ages) 4:15-5:15pm	Cooking (K-1st) 4:15-5:15pm	Cooking (K-1st) 4:15-5:15pm	Triple Threat (2nd-5th) 4:15-5:15pm
Indoor Ball Games (2nd-5th) 4:15-5:15pm	Shabbat Players (2nd-5th) 4:15-5:15pm	You Made It (All Ages) 4:15-5:15 pm	Cooking (2nd-5th) 4:15-5:15pm
Dungeons & Dragons (3rd-5th) 4:15-5:15pm	Spy Kids (2nd-5th) 4:15-5:15pm	Art with Eve (2nd-5th) 4:15-5:15pm	Paper Creations (2nd-5th) 4:15-5:15pm
Knitting (2nd-5th) 4:15-5:15pm	Photography (2nd-5th) 4:15-5:15pm	Game Masters (2nd-5th) 4:15-5:15pm	Anime Ensemble (3rd-5th) 4:15-5:15pm
Space Team (2nd-5th) 4:15-5:15pm	Origami (2nd-5th) 4:15-5:15pm	Pinewood Derby (2nd-5th) 4:15-5:15pm	Step up 2 Shelly (2nd-5th) 4:15-5:15pm
Drones (2nd-5th) 4:15-5:15pm	Martial Arts (2nd-5th) 4:15-5:15pm	Action Team News (2nd-5th) 4:15-5:15pm	
		4 Square (2nd-5th) 4:15-5:15pm	

ADDITIONAL FEE CLASSES

Ballet 3-4 yrs: 3:30-4:15pm 5-7 yrs: 4:15-5:15pm	Rebounds and Buckets 8-9 yrs: 4:15-5:15pm	Hard to Guard Basketball Ages 9-14 yrs: 4:15-5:15pm	Super Soccer Stars Registration through supersoccerstars.com
Dribble Thrill Basketball 5-7 yrs: 4:15-5:15pm	Gymnastics 5-6 yrs: 3:30-4:15pm 6-7 yrs: 4:20pm-5:10pm	Girls Only Basketball 6-14 yrs: 4:15-5:15pm	
NOTE: For classes held before 4:15pm, an additional enrichment selection will need to be made.	Piano group lessons will be offered on Tuesdays for a limited number of students from 4:15 - 5:15. If you are interested please contact Blair at BDavis@14StreetY.org	NOTE: For swimminG lessons on any day visit 14StreetY.org/Aquatics	NOTE: Additional Fee classes run for 2 quarters (16 weeks)

Children will only be allowed to take a class if they are in the specified grade. Enrichment classes are subject to change. **STUDY HALL IS OFFERED EVERY DAY DURING ENRICHMENT PERIOD.**

Sign up online at
14StreetY.org/YouthSports



AFTER SCHOOL PROGRAM

SPRING SEMESTER Q3 2019 ENRICHMENT CLASSES

MONDAYS

Martial Arts (K-1st)

Learn the ancient practice of self-discipline and physical strength. Kids will practice real, safe moves on breakable boards and pads, while learning tumbling as well!

Fun Factory (K-1st)

Youngers will learn and experience a variety of art mediums: painting, sketching, coloring, clay and more. Each week we will focus on a new craft and skill to get participants engaged in many different styles of creating.

Lab Rats (K-1st)

Science is truly all around us! In this class with Ian, students will be conducting experiments and exploring the science of the world around them. Get some hands on lab experience and unlock the scientific secrets of this planet we call home.

Party Gamez (K-1st)

An active games class just for youngers! Students will play theater arts games such as charades, salad bowl, taboo, "where ya goin?" and other games that exercise the mind and body!

Harry Potter World (All ages)

Get excited about reading through the magical world of Harry Potter! After schoolers will make potions, play Quidditch, and explore Hogwarts! Earn house points to win a big prize at the end of the quarter.

Indoor Ball Games (2nd-5th)

Just because we're stuck inside doesn't mean we can't move around and play a bunch of fun ball games. Knock out your opponents in four square, dodge-ga and make up some of your own games.

Dungeons & Dragons (3rd-5th) Using the power of imagination and 20-sided dice, Pat will take your kids on a journey of mystery and intrigue in the all new Dungeons and Dragons class. Lovers of storytelling and adventure should be sure to stop by!

Knitting (2nd-5th)

Knitting is a hands-on class to learn the basics of how to knit. It will cover how to cast on and knit rows as well as teach students about the different types of knitting tools and techniques. With this foundation knowledge, students will have the ability to create many fun projects!

Space Team (2nd-5th)

Join us on our voyage to explore the far reaches of the final frontier! Together, we'll journey to distant stars, discover new planets, and play a few games along the way. Boldly go where no one has gone before!

Drones (2nd- 5th)

Afterschool is teaming up with Swankids to bring STEM to our community. We will combine the academic disciplines of science, technology, engineering and mathematics (STEM) into our very own Drones class. In this class, students will learn how to design, program & build their own drones that come to life at their command!

Ballet (3-7yrs old)

Can you say plié? Creative movement encourages self-expression. Beginners enjoy stretching, leaping and improvisational movement while combining dance and theatre techniques. Intermediate dancers develop basic foot, arm and body placement and posture. Students work at the bar for balance and development of strength, discipline and flexibility. See 14StreetY.org/YouthSports for more information. *Note this class is offered at an additional fee. Fees are listed on the website. For classes held before regular enrichment time (4:15-5:15pm), an additional class must be selected for the enrichment period.

Dribble and Thrill (5-7yrs 4:15-5:15)

See 14StreetY.org/YouthSports for more information. *Note this class is offered at an additional fee. Fees are listed on the website. For classes held before regular enrichment time (4:15-5:15pm), an additional class must be selected for the enrichment period.

AFTER SCHOOL PROGRAM

SPRING SEMESTER Q3 2019 ENRICHMENT CLASSES

TUESDAYS

Spanish (K-1st)

Hola y bienvenidos a la clase! This class will take youngsters through the basics of Spanish with fun activities and spoken practice. No experience necessary, this class is for true beginners and experienced speakers.

Art With Eve (K-1st)

Eve has been teaching art at the 14th Street Y Pre School and the After School Program for a number of years. In this class, After schoolers will express themselves creatively through art. Year after year after schoolers amaze us with the work Eve encourages them to create. Some projects from past years include yarn apples, bird's nests, paper mache birds and dolls, horse marionettes, collages, clay-based recycled paper flower bouquets, portfolio books, silhouette paintings, and more!

Sign up to have another fun filled time in Art with Eve!

Gaga (K-1st)

Gaga is a physical class that allows children to exert lots of energy through running, dodging, and fun. It also incorporates the ideals of teamwork, strategic thinking, and creativity in making new variations of the game. Some of these variations include Silent Gaga, Team Gaga, Dodge-Ga, Freeze-Ga, Golden Snitch Gaga, Chickens vs Farmers, Poison Wall, Sticky Ninj-Ga, and Build-A-Ga.

DIY at the Y (K-1st)

Stuck inside on a cold or rainy day with nothing to do? Welcome to DIY at the Y! In this class we will be taking on do-it-yourself activities that can also be conducted at home! Using simple, affordable materials that can be found in the kitchen or that overstuffed arts and crafts closet, we will make amazing creations that artists and scientists alike will love. You can expect volcanoes, foam painting, slime... and more!

Cooking (K-1st)

See description on Thursday.

Shabbat Players (2nd-5th)

Work with Rachel and your fellow After schoolers to write and act out mini-plays to be performed at Shabbat on Friday! Stretch your acting muscles, meet new friends, and have the opportunity to share fun lessons and stories with the entire after school during Shabbat. *Students taking this class should be present on Fridays in order to perform during Shabbat.

Spy Kids (2nd-5th)

A great spy never reveals his secrets... unless he's teaching a class on spying. Create your foolproof secret identity, encrypt messages containing sensitive information, break any code that comes your way, and learn how to hack into the CIA's mainframe compu...err, I mean, uh... play fun make-believe games with your friends!

Photography (2nd-5th)

This class for olders will take you through the history of photography by experimenting with different photographic techniques! Bridget will bring in a professional digital SLR camera, polaroid cameras, iPads, and digital point and shoot cameras to give students a hands-on opportunity to experiment with photography while learning about technique. We will have opportunities to make our own photographs, while some classes might be spent making group photographs (and learning about slow shutter speeds with glowsticks and flashlights)!

Origami (2nd-5th)

Want to learn how to fold paper into cool shapes? Curious how to make an elephant out of paper? It's possible with Origami! In this class students will master the ancient art of origami and end up with a zoo of paper wonders!

Martial Arts (2nd- 5th)

Learn the ancient practice of self-discipline and physical strength. Kids will practice real, safe moves on breakable boards and pads, while learning tumbling as well!

Rebounds and Buckets (8-9 yrs | 4:15-5:15pm)

See 14StreetY.org/YouthSports for more information *Note this class is offered at an additional fee. Fees are listed on the website. For classes held before regular enrichment time (4:15-5:15pm), an additional class must be selected for the enrichment period.

Gymnastics (5-6 yrs old | 6-7yrs old)

This program introduces your child to tumbling and gymnastics, focusing on basic mat exercises, balance beam, and cart wheels while improving your child's strength, balance, flexibility and coordination in a non-competitive environment. See 14StreetY.org/YouthSports for more information *Note this class is offered at an additional fee. Fees are listed on the website. For classes held before regular enrichment time (4:15-5:15pm), an additional class must be selected for the enrichment period.

AFTER SCHOOL PROGRAM

SPRING SEMESTER Q3 2019 ENRICHMENT CLASSES

WEDNESDAYS

Girl's Gaga (All Ages | Girl's Only)

Gaga is a physical class that allows children to exert lots of energy through running, dodging, and fun. It also incorporates the ideals of teamwork, strategic thinking, and creativity in making new variations of the game. Some of these variations include Silent Gaga, Team Gaga, Dodge-Ga, Freeze-Ga, Golden Snitch Gaga, Chickens vs Farmers, Poison Wall, Sticky Ninj-Ga, and Build-A-Ga.

Hip Hop Dance (K-1st)

Get that heart pumping with specialist Tara. Professional Dancer, Tara Crichlow, brings classic Hip Hop moves and music to the studio every week, learning basic break dancing, popping and locking and fierce poses. This class has a performance in the end-of-the year show.

Hebrew Heads w/ Ophir (All ages)

Join the 14th street Y's very own shaliach, Ophir Tal, on a journey to Israel. In this Hebrew language class, students of all ages will learn all about Hebrew through Israeli culture. Each week the class focuses on a new group of Hebrew words that center around a different aspect of Israeli culture, from music, to food, to dance. Together with our very own Israeli envoy, your child will experience a real taste of Israel right here in New York City.

Wood Crafts (K-1st)

Join Shelly every week to create wooden masterpieces using popsicles, googly eyes, glue, paint and more! From birdhouses to picture frames to puppets, there's no limit to what you can create!

Cooking (K-1st)

Travel the world and learn how to make delicious dishes from around the globe. Everything from the math behind measuring to cleaning up the kitchen will be learned in this class. Most importantly, you'll master cooking tasty dishes like vegetable pizza, bruschetta, and quesadillas, and be able to help with dinner!

You Made It (All Ages)

In this class we will design and create costumes from high fashion divas to superheroes to monsters and everything in between! We will also take time to learn about the history and importance of costumes in theater and life as well. At the end of the year the class will culminate in a fashion show of their creations!

Art with Eve (2nd-5th)

An After School favorite! See description in Tuesday list.

NOTE: May only take once a semester.

Game Masters (2nd-5th)

Game Masters introduces kids into creating and running their own game. Kids will learn how to prepare for gaming sessions, create a fun and engaging atmosphere for players, be inclusive to different types of players and friends, and adjust to unexpected changes. Being a game master is about setting up a game for fun for others to enjoy! Game Masters will cover role playing games, improve, and other classics such as Pictionary, Charades, Guess Who, and various other fun games to play right here at after school. If you like to play games with your friends this is the class for you!

Pinewood Derby (2nd-5th)

Build a pinewood derby car from scratch and learn tips and tricks on how to make yours the fastest car at the track. We'll learn the basics of how cars are put together, and build everything along the way with our own two hands. Except an engine, that is. The school year's here, and the time is right for racing in the streets!

After School Action Team News (2nd-5th)

In this class, Bridget will lead a team of news reporters, videographers, and journalists to deliver the breaking news at After school! We'll travel from class to class, interviewing the stars of After school and getting footage of behind-the-scene moments! The class will culminate in a short video news report broadcasted at the end of semester show.

4 Square (2nd-5th)

Back by popular demand! This olders-only will take 4-Square to a whole other level. Join Kenji in the studio to play this timeless game. I hope you can keep up. The ball moves fast!

Hard to Guard Basketball | Girls Only Basketball (9-14 yrs old | 4:15-5:15pm; 6-14 yrs old | 4:15-5:15pm)

Geared towards the advanced player looking to further their playing level, this class will focus on dribbling, offensive movement and defensive moves developed through mock games and intensive drills. Tryout with Coach Marcus is mandatory before registering for this class.

For more information visit 14StreetY.org/YouthSports

NOTE: This class is offered at an additional fee. Fees are listed on the website, For classes held before regular enrichment time (4:15-5:15pm), an additional class must be selected for the enrichment period.



AFTER SCHOOL PROGRAM

SPRING SEMESTER Q3 2019 ENRICHMENT CLASSES

THURSDAYS

Ball Games (K-1st)

Get ready for some fast paced ball games! Be ready to get that heart pumping with all your favorite games including Gaga, four square, taps, and so much more. If you are ready to hone your hand eye coordination then this is the class for you.

Yoga (K-1st)

Your child will learn a variety of yoga poses that promote a calm mind and body. The current season and/or holiday will be incorporated into the lesson to give your child time to reflect on the present. We use yoga dice that have a variety of sitting, standing, and laying poses and each child will roll the dice to choose which pose to lead the class in. To promote unity and inclusivity, the children will sound a clap at the same time to end the class.

Cooking (2nd-5th)

Learn the basics of cooking! Learn to cut, prep, and cook simple delicious meals in the fun after school environment. Try new foods and learn how to help out with dinner at home!

Triple Threat (2nd-5th)

Start spreadin the news! Curtains up! Places! Do you like to dance, act and sing? I thought so... In this class students will kick ball change their way through the hits, teaching songs, dances, and then writing our own scenes that will be performed in a show at the end of the semester! Ya won't wanna miss this hit!

One night only!*

*Several afternoon classes

Art with Eve (K-1st)

An After School favorite! See description in Tuesday list. May only take once a semester.

Drones (K-1st)

Afterschool is teaming up with Swankids to bring STEM to our community. We will combine the academic disciplines of science, technology, engineering and mathematics (STEM) into our very own Drones class. In this class, students will learn how to design, program & build their own drones that come to life at their command!

Anime Ensemble (3rd-5th)

If you like the Japanese Cartooning style, Anime, this is the class for you! Learn techniques for drawing different types of characters and faces. Students will also write their own stories and learn how to create panels, incorporate text, and design pages.

Paper Creations (2nd-5th)

Join Ms. Marion in using recycled materials to create art! Use recycled bottles, cardboard, and paper to create beautiful treasures for your family! This class uses paper mache, paint, and glue so be prepared, but don't be scared, to get messy.

Step up 2 Shelly (3rd-5th)

Learn how to break it ALL THE WAY DOWN in Step Up 2 Shelly. This class teaches kids the art of stepping, a popular footwork heavy dance that includes stepping, clapping and a little bit of both at the same time. This could be a great opportunity for your child to finally learn some rhythm.

Super Soccer Stars (5-12yrs old)

Get the ball rolling! Join Super Soccer Stars, New York City's most popular soccer development program, right here at the 14th Street Y. Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and low child-to-coach ratios ensure that each child will improve his or her soccer skills through engaging warm-ups, activities, and games—all while having endless fun!

***Note this class is offered at an additional fee.**

For more information and to register, call (212) 877-7171, email Info@SuperSoccerStars.com or visit SuperSoccerStars.com.