

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 OPEN GYM	6:00 - 8:00 MEMBER BASKETBALL	6:00 - 8:45 OPEN GYM	6:00 - 8:00 MEMBER BASKETBALL	6:00 - 9:00 OPEN GYM	7:00 - 8:45 OPEN GYM	7:00 - 9:00 OPEN GYM
	8:00 - 9:00 OPEN GYM		8:00 - 9:00 OPEN GYM			
9:00 - 10:15 PRESCHOOL	9:00 - 10:30 PRESCHOOL	9:00 - 10:15 PRESCHOOL	9:00 - 10:45 PRESCHOOL	9:00 - 10:45 PRESCHOOL	8:45 - 11:45 SUPER SOCCER STARS <i>(starts 10/20)</i>	9:00 - 11:45 ADULT BASKETBALL
10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING	11:00 - 11:45 LOW IMPACT CARDIO & CONDITIONING	10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING	11:00 - 11:45 GROOVE: YOUNG AT HEART W/WEIGHTS	11:00 - 11:55 ZUMBA GOLD		
11:20 - 12:15 SILVER SNEAKERS CLASSIC		11:20 - 12:15 SILVER SNEAKERS STARS				
12:15 - 3:30 ADULT BASKETBALL	12:00 - 3:15 OPEN GYM	12:15 - 3:30 ADULT BASKETBALL	12:00 - 2:45 OPEN GYM	12:00 - 3:30 ADULT BASKETBALL	12:00 - 3:00 MEMBER BASKETBALL	12:00 - 3:30 OPEN GYM
3:30 - 4:15 AFTERSCHOOL		3:15 - 4:15 AFTERSCHOOL	3:30 - 4:15 AFTERSCHOOL			
4:15 - 5:15 DRIBBLE THRILL BASKETBALL	4:15 - 5:15 REBOUNDS & BUCKETS BASKETBALL	4:15 - 5:15 GIRLS ONLY BASKETBALL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	3:15- 8:45 OPEN GYM	3:45-9:00 MEN'S BASKETBALL LEAGUE <i>(starts 10/14)</i>
5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL		
6:00 - 9:45 OPEN GYM	6:00 - 9:00 ADULT BASKETBALL	6:00 - 9:45 OPEN GYM	6:00 - 9:00 ADULT BASKETBALL	6:15 - 8:30 TEEN BASKETBALL		
	9:00 - 10:00 GYM RENTAL		9:00 to 9:45 OPEN GYM	8:30 - 9:45 OPEN GYM		

For more information about basketball leagues at the 14th Street Y, contact Gil Pagan: gilpagan@ymail.com.