



14th Street Y
 344 East 14th Street, New York, NY 10003
 (212) 780-0800 www.14StreetY.org

New Parent & Early Childhood Drop - In Classes

FALL 2018 September 17, 2018 - February 3, 2019

CHECK CATALOG FOR HOLIDAY CLOSINGS and 14StreetY.org FOR THE MOST UPDATED INFORMATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Messy Play 11:00AM-12:00PM Ages 18-36 months No Class 10/8, 12/24, 12/31, 1/21	Postpartum Pilates with Baby 11:00AM-12:00PM Ages 2-12 months No Class 9/11, 12/25, 1/1 *Free for Members		Walkers, Runners, and Jumpers 11:15AM - 12:00PM Ages 12-24 months No Class 11/22 & 12/27	Messy Play 11:00AM-12:00PM Ages 18-36 months No Class 11/23 & 12/28	Members: Come to Family Swim Saturdays 2PM - 4PM and 5PM - 7PM! For Membership info: join@14StreetY.org
	Playtime *(New!) 11:00AM-12:00PM Ages 12-20 months No Class 9/11, 12/25, 1/1, 1/22		Breastfeeding Support Group 2 X Month 12:45-2:15PM (check website for dates)		
		Baby & Me Barre Fitness 1:00-1:45PM Ages 6 wks - pre-crawling No Class 9/19 *Free for Members	New Baby, New Body! 1:00-2:00PM Ages 6 wks - pre-crawling No Class 11/22 *Free for Members	Baby and Me Yoga 12:45-1:45PM Ages 6 wks - pre-crawling *Free For Members	
Lap Babies and Crawlers 1:15-2:00PM Ages 2-12 months No Class 10/8, 12/24, 12/31, 1/21	New Parents Stroll-In 1x/month 1:15-2:45PM 4 Tuesdays, 9/4, 10/2, 11/6, 12/4 Ages Birth - Crawling		BananaJam Music & Movement *(New day!) 1:15-2:00PM Ages 2 months - 3 years No Class 11/22 & 12/27		SUNDAY Indoor Playground Nov. 4 - Jan. 27 9:30-11:00AM Ages 6 months -3 years No Class 11/25, 12/23, 12/30, 1/20 Indoor Playground Nov. 4 - Jan. 27 11:00AM-12:30PM 6 months - 3 years No Class 11/25, 12/23, 12/30, 1/20 Sunday New Parents Stroll-In 11:00AM-12:30PM 2 Sundays, 10/14 & 11/18 Sing Along 3:15-4:00PM Ages 2 months-3 years No Class 11/25, 12/23, 12/30, 1/20 Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 11/25, 12/23, 12/30, 1/20
Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 10/8, 12/24, 12/31, 1/21	Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 11/6, 12/25, 1/1, 1/22	Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 9/19, 11/21, 12/26	Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 11/22 & 12/27		
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	Interested in Personal Training for New Moms? call John Li at (646) 395-4358				

Drop- Ins are on-going unless otherwise noted.

Classes in pink are \$25, 5-class punch card M \$85, NM \$100

Fitness Classes in orange are FREE FOR MEMBERS, NM \$25, 5-class punch card NM \$100

Music Classes in green are \$28, 5-class punch card M\$105, NM \$120

Classes in purple is \$37, 5 class punch card M \$160, NM \$175

Developmental Movement Classes in peach are \$32, 5 class puch card M \$125, NM \$140

For further information, please contact the Service Desk at 646-395-4310