



14th Street Y
 344 East 14th Street, New York, NY 10003
 (212) 780-0800 www.14StreetY.org

Parenting, Family & Early Childhood Center

Drop Ins, Workshops and Fitness for the Family

SUMMER SESSION 2018 June 18 - August 10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Messy Play 11:30 AM - 12:30 PM Ages 18 - 36 months	Postpartum Pilates with Baby 11:00 AM - 12:00 PM Ages 6 weeks - pre-crawling *Free for Members		Sing Along 9:15 - 10:00 AM Ages 2 months - 3 years	Messy Play 11:00 AM - 12:00 PM Ages 18 - 36 months	Family Membership Members: Come to Family Swim! Saturdays, 2:00 - 4:00 PM and 5:00 - 7:00 PM! For Membership info: join@14StreetY.org
			Breastfeeding Support Group 12:45 - 2:15 PM 2 x / Month (Check Website For Dates)	Baby and Me Yoga 12:45-1:45 PM 6 weeks - pre-crawling *Free for Members	
	New Parents Stroll-In 1:15 - 2:45 PM Ages birth - crawling (No Class 7/10 & 7/17)	Baby & Me Barre 1:00 - 1:45 PM 6 weeks - pre-crawling (No Class 7/4) *Free for Members	New Baby, New Body! 1:00 - 2:00 PM 6 weeks - pre-crawling *Free for Members		
					SUNDAY
Sing Along 3:15 - 4:00 PM Ages 2 months-3 years	Sing Along 3:15 - 4:00 PM Ages 2 months-3 years	Sing Along 3:15 - 4:00 PM Ages 2 months-3 years (No Class 7/4)	Sing Along 3:15 - 4:00 PM Ages 2 months-3 years		
Sing Along 4:15 - 5:00 PM Ages 2 months-3 years	Sing Along 4:15 - 5:00 PM Ages 2 months-3 years	Sing Along 4:15 - 5:00 PM Ages 2 months-3 years (No Class 7/4)	Sing Along 4:15 - 5:00 PM Ages 2 months-3 years		
	Interested in Personal Training for New Moms? call John Li, at (646) 395-4358				

Drop Ins are on-going unless otherwise noted.

Classes in **pink** are \$20 Single Session, or 5-class punch card M \$75, NM \$90

Fitness classes in **orange** are FREE FOR MEMBERS, \$20 Single Session or 5 class punch card M \$75, NM \$90

Sing Along in **green** is \$24 Single Session, or 5-class punch card M \$95, NM \$110

Messy Play in **purple** is \$35 Single Session, or 5 class punch card M \$155, NM \$170

Stroll-Ins and Breastfeeding Support in **peach** are \$20 Single Session, or 5 class puch card M \$75, NM \$90

For further information, please contact the Service Desk at 646-395-4310