



14th Street Y  
 344 East 14th Street, New York, NY 10003  
 (212) 780-0800 www.14StreetY.org

## Parenting, Family & Early Childhood Center Drop - Ins, Workshops, and Fitness for the Family Winter / Spring 2018 February 5 - June 4

CHECK CATALOG FOR HOLIDAY CLOSINGS and 14StreetY.org FOR THE MOST UPDATED INFORMATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Walkers, Runners, and Jumpers 11:15AM - 12:00PM Ages 12-24 months No Class 2/22, 4/5		
Messy Play 11:00AM-12:00PM Ages 18-36 months No class 2/19, 4/2, 5/28	Postpartum Pilates with Baby 11:00AM-12:00PM Ages 2-12 months *Free for Members		Breastfeeding Support Group 2 X Month 12:45PM - 2:15PM	Messy Play 11:00AM-12:00PM Ages 18-36 months No Class 2/23, 4/6	Members: Come to Family Swim Saturdays 2PM - 4PM and 5PM - 7PM!  For Membership info: join@14StreetY.org
Lap Babies and Crawlers 1:15-2:00PM Ages 2-12 months No Class 2/19, 4/2, 5/28	New Parents Stroll-In 1:15-2:45PM Ages Birth - Crawling No Class 2/20, 4/3	Mommy & Me Barre Fitness 1:00-1:45PM Ages 6 wks - pre-crawling *Free for Members	New Baby, New Body! 1:00-2:00PM Ages 6 wks - pre-crawling *Free for Members	Mommy and Me Yoga 12:45-1:45PM Ages 6 wks - pre-crawling *Free For Members	<b>SUNDAY</b>
Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 2/19, 4/2, 5/28	Sing Along 3:15-4:00PM Ages 2 months-3 Years No Class 2/20, 4/3	Sing Along 3:15-4:00PM Ages 2 months-3 years No Class 2/21, 4/4	Sing Along 3:15-4:00PM Ages 2 months-3 years No Class 2/22, 4/5	BananaJam Music And Movement 12:45-1:30PM Ages 3 months - 3 years No Class 2/23, 4/6	Indoor Playground Through March 25 9:30-11:00AM Ages 6 months -3 years No Class 2/18
Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 2/19, 4/2, 5/28	Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 2/20, 4/3	Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 2/21, 4/4	Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 2/22, 4/5		Indoor Playground Through March 25 11:00AM-12:30PM 6 months - 3 years No Class 2/18
	Interested in Personal Training for New Moms? call John Li at (646) 395-4358				Sunday Stroll-In 11:00AM-12:30PM Check Website For Dates
					Sing Along 3:15-4:00PM Ages 2 months-3 years No Class 2/18, 4/1
					Sing Along 4:15-5:00PM Ages 2 months-3 years No Class 2/18, 4/1

Drop- Ins are on-going unless otherwise notated.

Classes in pink are \$20, 5-class punch card M \$75, NM \$90

Fitness Classes in orange are FREE FOR MEMBERS, \$20, 5-class punch card M \$75, NM \$90

Sing Along's in green are \$24, 5-class punch card M\$95, NM \$110

Messy Play in purple, is \$35, 5 class punch card M \$155, NM \$170

Lap Babies and Crawlers in peach is \$28, 5 class puch card M \$120, NM \$135

Cruisers, Walkers, Jumpers in peach is \$28, 5 class punch card M\$120, NM \$135

BananaJam Classes in blue, are \$33, 5 class punch card M \$145, NM \$160

For further information, please contact the Service Sesk at 646-395-4310