

**FOR IMMEDIATE RELEASE**

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***PAUSE/PLAY***  
**Saturday Afternoons at the 14th Street Y**  
**Presented by Downtown Jewish Life**

**Tu B'shvat (Going Green)**  
**February 3, 2018 2-6PM**

**Downtown Jewish Life and the 14th Street Y** present ***PAUSE/PLAY***, an innovative Saturday afternoon of Shabbat programming at the 14<sup>th</sup> Street Y, 344 E. 14<sup>th</sup> Street, NYC.

***PAUSE/PLAY*** invites attendees to hit the pause button in their busy lives and experience all that the Downtown Community has to offer. All are welcome in the community, Jewish or not, to join for a day of relaxation and renewal. From family yoga and story time to whiskey tastings and open swim, ***PAUSE/PLAY*** events feature activities for the whole family. ***PAUSE/PLAY*** will also feature a Community Passport that families can decorate each month and bring to each event for access to monthly raffles for deals to 14Y programs and other great prizes.

**Tu B'shvat (Going Green)**  
**February 3, 2018 2-6PM**

Celebrate the “Birthday for Trees” with the 14Y! Together we will grow our understanding and awareness of the world around us through art, games, PJ Play! and many other fun activities for the whole family. As part of the Tu B’shvat celebration we will have wine tasting for grown-ups, as well as yummy holiday treats for kids to enjoy all day too.

Highlights include:

- PJ Play! is back this month with WonderSparks puppets , based on the PJ Library book “Netta and her Plant”
- Mural Making with artist Sharone Halevy
- Jewish text study with Rabbi Yael Rapport of Congregation Beit Sinchat Torah (CBST)
- Artist’s Gym, a creative movement workshop with Sarah Plotkin
- Urban Homesteading with Shawn Shafner
- Tu B'shvat Seder with the 14<sup>th</sup> Street Y’s Rabbi Shira Koch Epstein and Town & Village Synagogue’s Cantor Shayna Postman

***PAUSE/PLAY*** is open to all ages in this diverse downtown community.

Y Members: Free; Non-Members Advance Tickets: Children (\$5), Adults (\$10), Family Ticket (Up to 5 members \$35); Day of Tickets: Children (\$10), Adults (\$15), Family Ticket (Up to 5 members \$45).

**PAUSE/PLAY is free for 14th Street Y members, but reservations are recommended.** To become a member of the 14th Street Y, visit <http://www.14streety.org/membership/join-membership-benefits>.

Highlights of the rest of the *PAUSE/PLAY* season:

- March will have a Spring Carnival and one last PJ Play! with WonderSparks.
- Each month, you can spend time with local rabbi's at "Rabbi's on the Rocks" and this year, we are partnering with the In[heir]itance Project to engage in community art projects and workshops in preparation for a festival of plays (inspired by the book of Genesis) coming to the theater in May.
- This year, PAUSE/PLAY is having a "Community Passport" that families can decorate each month and bring to each event. The more it is filled out, families can enter into monthly raffles for deals to 14Y programs or other great community prizes.

The *PAUSE/PLAY* season continues with:

### **Spring Carnival**

**March 17, 2018 2-6PM**

Our PAUSE/PLAY season wraps up with our fantastic Spring Carnival! We'll have balloons, face-painting, tasty treats, and all your favorite activities including PJ Play! and family fitness classes.

*PAUSE/PLAY is generously funded by the UJA Federation of New York, the Covenant Foundation, and the Harold Grinspoon Foundation.*

The In[heir]itance Project is a devised theater program which is bringing to life the stories of Genesis in May.

### **About the 14<sup>th</sup> Street Y**

The 14th Street Y's philosophy is grounded in the belief that contemporary Jewish sensibilities can be a source of inspiration, connection and learning. No matter what your background, we aim to inspire you to live your best life. We're committed to the development of the whole person, to strengthening family connections and to building inclusive and sustainable communities. The 14<sup>th</sup> Street Y serves more than 20,000 people annually with a variety of community programs and is proud to be a part of Educational Alliance, a 501(c)(3) non-profit organization with a 128-year history of serving New Yorkers downtown.

Full Season Tickets and detailed information on shows available at: [www.14streety.org/tickets](http://www.14streety.org/tickets).

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