



Afterschool Program



344 East 14th St
New York, NY 10003
646 395 4356
www.14StreetY.org/Afterschool

FALL SEMESTER 2017 ENRICHMENT CLASSES



HEAD



HEART



HANDS

The philosophy of the 14th Street Y After School is programming that centers on engaging heads, hearts, and hands. Classes are taught by our counselors and professional teaching artists. Your after schooler will take a class of their choosing (choose two per semester unless specified that the class is 2 quarters) that centers on movement, the arts, or exercising their brain.

Please Note:

- No more than 14 students per class (some classes are smaller) and they may not take the same class twice (unless it is a continuing class)
- Youth Sports and Aquatics require an extra fee
- STUDY HALL IS OFFERED EVERY DAY—Please specify if you want your child to do homework instead of enrichment.
- If your child does not like the class, they may change after the first week (space permitting.)
- On Fridays we celebrate Shabbat and have an hour long swim period (no enrichment offered)

Please return last page to Rachel at RJoravsky@14StreetY.org

Register early as classes fill up.



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****Children will only be allowed to take a class if they are in the specified grade****

**** For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.****

****STUDY HALL IS OFFERED EVERY DAY DURING ENRICHMENT PERIOD****

Monday (1 Quarter unless otherwise noted)	Tuesday (1 Quarter unless otherwise noted)	Wednesday (1 Quarter unless otherwise noted)	Thursday (1 Quarter unless otherwise noted)
TBD (All Ages) 4:15-5:15pm	TBD (All Ages) 4:15-5:15pm	Girl's Gaga (All Ages) 4:15-5:15pm	TBD (All Ages) 4:15-5:15pm
Fun Factory (K-1 st) 4:15-5:15pm	Art With Eve (K-1 st) 4:15-5:15pm	Hip Hop Dance (K-1 st) 4:15-5:15pm	Shabbat Band (K-1st) 4:15-5:15pm
Gardening (K-1 st) 4:15-5:15pm	Gaga (K-1 st) 4:15-5:15pm	Spanish (K-1 st) 4:15-5:15pm	Globe Trekkers (K-1 st) 4:15-5:15pm
Camp Games (K-1st) 4:15-5:15pm	Chess (K-1 st) 4:15-5:15pm	Wood Crafts (K-1 st) 4:15-5:15pm	Cooking (K-1st) 4:15-5:15pm
Harry Potter World (K-1 st) 4:15-5:15pm	Folk Tales (K-1 st) 4:15-5:15pm	Art With Eve (K-1 st) 4:15-5:15pm	Magical Worlds (2 nd -5 th) 4:15-5:15pm
Indoor Ball Games (2 nd -5 th) 4:15-5:15pm	After School Action Team News (2 nd -5 th) 4:15-5:15pm	World Cooking (2 nd -5 th) 4:15-5:15pm	Art with Eve (2 nd -5 th) 4:15-5:15pm
Dungeons & Dragons (3 rd -5 th) 4:15-5:15pm	Shabbat Players (2 nd -5 th) 4:15-5:15pm	Party Dance Squad (2 nd -5 th) 4:15-5:15pm	Paper Creations (2 nd -5 th) 4:15-5:15pm
Knitting (2 nd -5 th) 4:15-5:15pm	Space Team (2 nd -5 th) 4:15-5:15pm	Photography (2 nd -5 th) 4:15-5:15pm	Anime Ensemble (2 nd -5 th) 4:15-5:15pm
Spy Kids (2 nd -5 th) 4:15-5:15pm	Origami (2 nd -5 th) 4:15-5:15pm	Pinewood Derby (2 nd -5 th) 4:15-5:15pm	
Sign up online at 14streety.org/youthsports	ADDITIONAL	FEE CLASSES	Sign up online at 14streety.org/youthsports
Ballet 3-4 yrs: 3:30-4:15pm 5-7 yrs: 4:15-5:15pm	Youth CoEd Basketball 5-6 yrs: 3:30-4:15pm 8-10 yrs: 4:15-5:15pm	Julie's Groove Crew 4-5 yrs: 3:30-4:15pm	Tennis 4-6 yrs: 3:30-4:15pm 7-10 yrs: 4:15-5:15pm
Youth CoEd Basketball 5-6 yrs: 3:30-4:15pm 7-8 yrs: 4:15-5:15pm	Girls Only Basketball 6-9yrs: 3:30-4:15pm 10-14yrs: 4:15-5:15pm	Hard to Guard Basketball Ages 8-10yrs: 3:30-4:15pm Ages 11-14yrs: 4:15-5:15pm	Super Soccer Stars (Details at www.supersoccerstars.com) Registration through their website
NOTE For classes held before 4:15, an additional enrichment selection will need to be made.	Gymnastics SOLD OUT 5-6 yrs: 3:30-4:15pm 6-7 yrs: 4:20pm-5:10pm	**NOTE** For swimming lessons on any day visit 14streety.org/aquatics	**NOTE** Additional Fee classes run for <u>2 quarters</u> (<u>16 weeks</u>)



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MONDAYS

Fun Factory (K-1st) Youngers will learn and experience a variety of art mediums: painting, sketching, coloring, clay and more. Each week we will focus on a new craft and skill to get participants engaged in many different styles and types of creating.

Gardening (K-1st) This class is perfect for kids who like to get their hands dirty. Join us on the roof in our sensational sensory garden where we will learn about plants, prep the garden for winter, and have some fun in the sun! ***Note: this class is only open the first and last quarters.***

Camp Games (K-1st) An active games class just for youngers! Students will have the opportunity to play Steal the Challah, Fishy Fishy, Simon Says and other favorite games from Camp.

Harry Potter World - Get excited about reading through the magical world of Harry Potter! Katy and after schoolers will make potions, play Quidditch, and explore Hogwarts! Earn house points to win a big prize at the end of the quarter.

Indoor Ball Games (2nd-5th) Just because we're stuck inside doesn't mean we can't move around and play a bunch of fun ball games. Knock out your opponents in four square, dodge-ga and make up some of your own games.

Dungeons & Dragons (3rd-5th)** Using the power of imagination and 20-sided dice, Pat will take your kids on a journey of mystery and intrigue in the all new Dungeons and Dragons class. Lovers of storytelling and adventure should be sure to stop by!
***NOTE: This is a 16 week class**

Knitting (2nd-5th) Knitting is a hands-on class to learn the basics of how to knit. It will cover how to cast on and knit rows as well as teach students about the different types of knitting tools and techniques. With this foundation knowledge, students will have the ability to create many fun projects!

Spy Kids (2nd-5th) A great spy never reveals his secrets... unless he's teaching a class on spying. Create your foolproof secret identity, encrypt messages containing sensitive information, break any code that comes your way, and learn how to hack into the CIA's mainframe compu...err, I mean, uh... play fun make-believe games with your friends!

Ballet (3-7yrs old) Can you say plié? Creative movement encourages self-expression. Beginners enjoy stretching, leaping and improvisational movement while combining dance and theatre techniques. Intermediate dancers develop basic foot, arm and body placement and posture. Students work at the bar for balance and development of strength, discipline and flexibility. See www.14streety.org/youthsports for more information ***Note this class is offered at an additional fee. Fees are listed on the website* For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.**

Youth CoEd Basketball (5-6yrs old 3:30-4:15 // 7-8 yrs old 4:15-5:15) See www.14streety.org/youthsports for more information ***Note this class is offered at an additional fee. Fees are listed on the website* For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.**



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TUESDAYS

Art With Eve (K-1st) Eve has been teaching art at the 14th Street Y Pre-School and the Afterschool Program for a number of years. In this class, After Schoolers will express themselves creatively through art. Year after year after schoolers amaze us with the work Eve encourages them to create. Some projects from past years include yarn apples, bird's nests, paper mache birds and dolls, horse marionettes, collages; clay based recycled paper flower bouquets, portfolio books, silhouette paintings and more! Sign up to have another fun filled time in Art with Eve! (Please limit selecting Art with Eve to only one day per week, so that every after schooler has a chance to take art class each semester.)

Gaga (K-1st) Gaga is a physical class that allows children to exert lots of energy through running, dodging, and fun. It also incorporates the ideals of teamwork, strategic thinking, and creativity in making new variations of the game. Some of these variations include Silent Gaga, Team Gaga, Dodge-Ga, Freeze-Ga, Golden Snitch Gaga, Chickens vs Farmers, Poison Wall, Sticky Ninj-Ga, and Build-A-Ga.

Chess (K-1st) Become a chess master with Justice! Learn about the Kings, Queens, rooks and pawns. Students will learn the basics of chess in this beginner's class. This is a great opportunity to mindfully master one of the best games in the world!

Folk Tales (K-1st) Folk Tales are cultural and morally driven stories which have been passed down through generations originally with oral retelling. The class will focus on the students' engagement in the stories, the exploration of different world cultures, and the strengthening of the students' imagination and storytelling skills. The children love the fantasy and adventure and will leave each class with a new story to tell.

After School Action Team News (2nd-5th) In this class, Bridget will lead a team of news reporters, videographers, and journalists to deliver the breaking news at Afterschool! We'll travel from class to class, interviewing the stars of Afterschool and getting footage of behind-the-scene moments! The class will culminate in a short video news report broadcasted at the end of semester show.

Shabbat Players (2nd-5th) Work with Rachel and your fellow after-schoolers to write and act out mini-plays to be performed at Shabbat on Friday! Stretch your acting muscles, meet new friends, and have the opportunity to share fun lessons and stories with the entire after school during Shabbat. ***Students taking this class should be present on Fridays in order to perform during Shabbat***

Space Team (2nd-5th) Take a giant leap for mankind every week and explore the outer reaches of space! We'll learn all about the planets and stars and mount our own (digital) manned mission through space, giving every student the chance to know how it feels to be a NASA astronaut, a Star Trek crew member, or a friendly alien life form. Ensign... ENGAGE!

Origami (2nd-5th) Want to learn how to fold paper into cool shapes? Ever wondered how to make an elephant out of paper? It's possible with Origami! In this class students will master the ancient art of origami and end up with a zoo of paper wonders!

CoEd Basketball / Girls Only Basketball (5-8yrs 3:30-4:15pm // 8-10yrs 4:15-5:15pm) (Girls: 10-14yrs 4:15-5:15pm) See www.14streety.org/youthsports for more information ***Note this class is offered at an additional fee. Fees are listed on the website* For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.**

Gymnastics (5-6 yrs old // 6-7yrs old) This program introduces your child to tumbling and gymnastics, focusing on basic mat exercises, balance beam, and cart wheels while improving your child's strength, balance, flexibility and coordination in a non-competitive environment. See www.14streety.org/youthsports for more information ***Note this class is offered at an additional fee. Fees are listed on the website* For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.**



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WEDNESDAYS

Girl's Gaga (All Ages- Girl's Only) Gaga is a physical class that allows children to exert lots of energy through running, dodging, and fun. It also incorporates the ideals of teamwork, strategic thinking, and creativity in making new variations of the game. Some of these variations include Silent Gaga, Team Gaga, Dodge-Ga, Freeze-Ga, Golden Snitch Gaga, Chickens vs Farmers, Poison Wall, Sticky Ninj-Ga, and Build-A-Ga.

Hip Hop Dance (K-1st) Get that heart pumping with specialist Tara. Professional Dancer, Tara Crichlow brings classic Hip Hop moves and music to the studio every week, learning basic break dancing, popping and locking and fierce poses. This class has a performance.

Spanish (K-1st) Hola y bienvenidos a la clase! Amalia will take youngers through the basics of Spanish with fun activities and spoken practice. No experience necessary, this class is for true beginners.

Wood Crafts (K-1st) Join Shelly every week to create wooden masterpieces using popsicles, googly eyes, glue, paint and more! From birdhouses to picture frames to puppets, there's no limit to what you can create!

Art with Eve (K-1st) An after school favorite! See description in Tuesday list. **NOTE: May only take once a semester.**

World Cooking (2nd-5th) - Travel the world and learn how to make delicious healthy dishes from around the globe. Everything from the math behind measuring to cleaning up the kitchen will be learned in this class. Most importantly, you'll master cooking tasty dishes like vegetable pizza, bruschetta, and quesadillas, and be able to help with dinner!

Party Dance Squad (2nd-5th) Looking to learn the hottest new dance moves for your next Bat/Bar mitzvah, school dance, or wedding?! Look no further party people! In this class taught by renowned hip hop dancer Rachel AKA Rayjay3k, we'll learn all the spiciest group dances including the Cha Cha Slide, Electric Slide, Crank that Soulja Boy, the Penthouse Floor, and more!

Photography (2nd-5th) This class for olders will take you through the history of photography by experimenting with different photographic techniques! Bridget will bring in a professional digital SLR camera, polaroid cameras, iPads, and digital point and shoot cameras to give students a hands-on opportunity to experiment with photography while learning about technique. We will have opportunities to make our own photographs, while some classes might be spent making group photographs (and learning about slow shutter speeds with glowsticks and flashlights)!

Pinewood Derby (2nd-5th) Build a pinewood derby car from scratch and learn tips and tricks on how to make yours the fastest car at the track. We'll learn the basics of how cars are put together, and build everything along the way with our own two hands. Except an engine, that is. The school year's here, and the time is right for racing in the streets!

Julie's Groove Crew (4-5.5yrs old 3:30-4:15pm) Have fun creating new dance moves and developing rhythm, coordination, and body awareness. Your child will benefit from the Brain Dance, which integrates the primary reflexes, the foundation for healthy brain development. Great for boys and girls alike! See www.14streety.org/youthsports for more information ***Note this class is offered at an additional fee. Fees are listed on the website* For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.**

Hard to Guard Basketball (8-10 yrs old 3:30-4:15pm; 11-14yrs old 4:15-5:15pm) Geared towards the advanced player looking to further their playing level, this class will focus on dribbling, offensive movement and defensive moves developed through mock games and intensive drills. Tryout with Coach Marcus is mandatory before registering for this class. See www.14streety.org/youthsports for more information ***Note this class is offered at an additional fee. Fees are listed on the website* For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.**



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THURSDAYS

Shabbat Band (All Ages) Work with Miles and your fellow after-schoolers to learn the Shabbat songs and play/sing them at Shabbat on Friday! If you like to sing the Shabbat songs or just want to jam with Patrick and Miles on Friday, this is the class for you!
Students taking this class should be present on Fridays in order to perform during Shabbat

Globe Trekkers (K-1st) Travel the world without leaving the classroom! We will take this class on a tour of world culture, history, music, and fun! Visit a new part of the world each week, learn a little bit of the local language, learn all about the nation's history, sample some cuisine, and maybe even discover mysterious hidden treasures along the way.

Cooking (K-1st) Learn the basics of cooking! Learn to cut, prep, and cook simple delicious meals in the fun after school environment. Try new foods and learn how to help out with dinner at home!

Magical Worlds (2nd-5th) Join New Country Day Camp's performing arts unit head, Katy Tosh, to create your own magical world! We will each develop our own magical characters and together we will face all the adventures our world has to offer. Whether you decide to be a Pegasus who needs an attitude adjustment, a fairy with a wicked sense of humor or a magical creature of your making, this class is sure to be out of this world!

Art with Eve (2nd-5th) An after school favorite! See description in Tuesday list. May only take once a semester.

Anime Ensemble (2nd-5th) If you like the Japanese Cartooning style, Anime, this is the class for you! Learn techniques for drawing different types of characters and faces; students will also write their own stories and learn how to create panels, incorporate text, and design pages.

Paper Creations (2nd-5th) Join Ms. Marion in using recycled materials to create art! Use recycled bottles, cardboard, and paper to create beautiful treasures for your family! This class uses paper mache, paint, and glue so be prepared, but don't be scared, to get messy.

Super Stars Tennis (4-6 yrs old 3:30-4:15PM // 7-10 yrs old // 4:15-5:15PM) ***Note this class is offered at an additional fee. Fees are listed on the schedule* For classes held before regular enrichment time (4:15-5:15pm) an additional class must be selected for the enrichment period.** See www.14streety.org/youthsports for more information

Super Soccer Stars (5-12yrs old) Get the ball rolling! Join Super Soccer Stars, New York City's most popular soccer development program, right here at the 14th Street Y. Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and low child-to-coach ratios ensure that each child will improve his or her soccer skills through engaging warm-ups, activities, and games—all while having endless fun! ***Note this class is offered at an additional fee. For more information and to register, call (212) 877-7171, email info@supersoccerstars.com or visit supersoccerstars.com***



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Enrichment Class Selection Form

Please list the names of your child’s first and second quarter choices for Enrichment Classes on each day that they attend. *If you would like them to attend “study hall” instead (offered each day), please write that in.* Make sure your choices coincide with the correct day of the week and age group.

EXTRA FEE CLASSES (Youth Sports or Aquatics) Your child may sign up for these classes at a discounted rate for after-schoolers! Our counselors will escort them to and from their classes to re-join our program. Please register for these classes at the Service Desk or by calling (212) 780-0800.

Child’s Name: _____ Grade: _____

Day of the Week	1 st Quarter Choice	2 nd Quarter Choice
Monday		
Tuesday		
Wednesday		
Thursday		
If your child will be participating in any Youth Sports class or swimming lessons, please write it here.		

Please return this page to Rachel at RJoravsky@14StreetY.org

Register early as classes fill up.