

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 - 9:00 OPEN GYM	6:00 - 7:45 ADULT MEMBER BASKETBALL	6:00 - 8:45 OPEN GYM	6:00 - 7:45 ADULT MEMBER BASKETBALL	6:00 - 9:00 OPEN GYM	7:00 - 8:45 OPEN GYM	7:00 - 9:00 OPEN GYM
	8:00 - 9:00 OPEN GYM		8:00 - 9:00 OPEN GYM			
9:00 - 10:15 PRESCHOOL	9:00 - 10:45 PRESCHOOL	9:00 - 10:15 PRESCHOOL	9:00 - 10:45 PRESCHOOL	9:00 - 10:45 PRESCHOOL	9:00 - 11:45 SUPER SOCCER STARS	9:00 - 11:45 ADULT MEMBER BASKETBALL
10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING	11:00 - 11:45 LOW IMPACT CARDIO & CONDITIONING	10:30 - 11:20 AEROBICS W/ STRENGTH TRAINING	11:00 - 11:45 NEW! GROOVE: YOUNG AT HEART	11:00 - 11:45 ZUMBA GOLD		
11:20 - 12:15 SILVER SNEAKERS CLASSIC		11:20 - 12:15 SILVER SNEAKERS CIRCUIT				
12:15 - 3:30 ADULT MEMBER BASKETBALL	12:00 - 2:00 OPEN GYM	12:15 - 3:30 ADULT MEMBER BASKETBALL	12:00 - 2:15 OPEN GYM	12:00 - 3:30 ADULT MEMBER BASKETBALL	12:00 - 3:00 ADULT MEMBER BASKETBALL	12:00 - 3:00 YOUTH BASKETBALL CLINIC
	2:15 - 3:15 GYM RENTAL		2:30 - 5:00 SUPER SOCCER STARS			
3:30 - 5:15 YOUTH BASKETBALL	3:30 - 5:15 YOUTH BASKETBALL	3:30 - 5:15 YOUTH BASKETBALL		3:30 - 5:00 OPEN GYM	3:00 - 8:45 OPEN GYM	3:00 - 8:45 OPEN GYM
5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:15 - 6:00 AFTERSCHOOL	5:00 - 6:00 AFERSCHOOL		
6:00 - 6:45 OPEN GYM	6:00 - 9:00 ADULT MEMBER BASKETBALL	6:00 - 9:45 WOMEN'S BASKETBALL LEAGUE	6:00 - 9:00 ADULT MEMBER BASKETBALL	6:15 - 8:30 TEEN BASKETBALL		
7:00 - 8:00 PUNK ROPE						
8:00 - 9:45 OPEN GYM				9:00 - 10:30 GYM RENTAL		

Shaded areas indicate open gym for member use. For all other programs, please register at the service desk.

For more information about basketball leagues at the 14th Street Y, contact Gil Pagan: gilpagan@gmail.com.