



14th Street Y
 344 East 14th Street, New York, NY 10003
 (212) 780-0800 www.14StreetY.org

Parenting, Family & Early Childhood Center

Drop In's, Workshops and Fitness for the Family

SUMMER 2017 JUNE 19- AUGUST 11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Child Care 9AM-2PM	Child Care 9AM-2PM	Child Care 9AM-2PM	Child Care 9AM-2PM	Child Care 9AM-2PM	Child Care 9AM-12PM
Messy Play 11:30-12:30PM Ages 18-36 months	Postpartum Pilates with Baby 11:00AM-12:00PM Ages 2-12 months No Class 7/4 *Free for Members		Breastfeeding Support Group 12:45-2:15PM 2 Times a Month Check Website For Date	Messy Play 11AM-12PM Ages 18-36months	Members: Come to Family Swim Saturdays 2PM - 4PM and 5PM - 7PM! For Membership info: join@14StreetY.org
	New Parents Stroll-In 1:15-2:45PM Ages Birth - Crawling No Class 7/4	Mommy & Me Barre Fitness 1:15-2:00PM Ages 8 weeks- pre-crawling *Free for Members	New Baby, New Body! 1:00-2:00PM Ages 6 wks - 8 months *Free for Members	Mommy and Me Yoga 12:15-1:15PM Ages 2-12 months *Free for Members	
					SUNDAY
					Child Care 9AM-12PM
Sing Along 3:00-3:45PM 2 months-5 years		Sing Along 3:30-4:15PM 2 months-5 years		BananaJam Music And Movement 12:30-1:15PM Ages 3 mos - 3 yrs	Sunday Sroll-In Once A Month 11:00-12:30PM May 21 and June 4
Sing Along 4:00 - 4:45PM 2 months-5 years	Sing Along 4:15-5:00PM 2 months-5 years	Sing Along 4:15-5:00PM 2 months-5 years	Sing Along 4:15-5:00PM Ages 2 months-5 years		
	Interested in Personal Training for New Moms? call John Li at (646) 395-4358		Pre-Natal Yoga 7:30-8:30PM For expecting Moms *Free for Members		

Drop In's are on-going unless otherwise noted.

Classes in Pink are \$20 Single Session, or 5-class punch card M \$75, NM \$90

Fitness classes in Orange are FREE FOR MEMBERS \$20 Single Session or 5 class punch card M \$75, NM \$90

Sing Along's in Green are \$22 Single Session, or 5-class punch card M\$85, NM \$100

Messy Play in Purple is \$35 Single Session, or 5 class punch card M \$155, NM \$170

BananaJam Music and Movement in Blue is \$33 Single Session, or 5 Class Punch Card M\$145, NM \$160

Check 14StreetY.org for the most updated information

*Check Catalog for Holiday Closings

For further information, please contact the Service Desk at 646-395-4310